

Orange County Public Schools Mental Health Plan (SB7026)

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**Orange County
Public Schools**

Orange Public Schools

The Orange County Public School system is the ninth largest in the nation and is the fourth largest in Florida. The district is divided into five geographic learning communities.

Number of Schools	Students
Elementary 125	84,776
Middle 37	41,448
K-8 5	5,031
High 20	57,629
Exceptional 4	2,852
Alternative 1, Charter	393
	14,124
Total 191	207,253

Student Racial/Ethnic Distribution

- HISPANIC 41%
- WHITE 27%
- BLACK 25%
- ASIAN 5%
- MULTI-CULTURAL 2%

OCPS Support for Students

- **Increased and improved mental health support that is targeted:**
 - **Timely response to crisis situations**
 - **Direct counseling services**
 - **Collaboration with outside agencies**



OCPS Support for Students

•Professional Development

- **Bus Driver Bullying Prevention**
- **Trauma-Informed Care and Self-Regulation**
- **Youth Mental Health First Aid**
- **Mental Health 101**
- **Threat Response to Suicide and Self-Harm**
- **PREPaRE Crisis Prevention and Preparedness**



Community Support for Students

Collaboration with Community Partners

- Winter Park Health Foundation
- Holocaust Center
- Equality Florida
- United Way/Mobile Crisis



- National Alliance on Mental Illness (NAMI)
- Orange County Drug Free Coalition
- Orange County Youth Mental Health Committee
- Harbor House

Senate Bill 7026 (Marjory Stoneman Douglas School Safety Act)

- **Allocation for mental health services:**
 - **Mental health assessment, diagnosis and intervention**
 - **Substance abuse awareness and prevention**
 - **Professional development in Children's Mental Health**
 - **Collaboration with community agencies**

<https://www.flsenate.gov/Session/Bill/2018/7026/BillText/er/PDF>

New Student Services Positions

- 5 Traditional Psychologists (all hired)
- 16 District Mental Health Counselors (10 hired)
- 5 Mental Health Psychologists (all hired)
- 5 Threat Response Social Workers (2 hired 3 in process)
- 5 Behavior Coaches (1 in process)
- 1 Behavior Analyst
- 1 Program Specialist for Threat Response
- 1 Senior Administrator
- 1 Director

New Student Services Positions

➤ Charter Schools

- 2 District Mental Health Counselors
- 1 Threat Response Social Worker
- 1 Mental Health Psychologist

➤ STO

- 1 Middle School Mental Health Counselor
- 1 Elementary School Mental Health Counselor



Learning Community Resources

2017-2018 Each LC:

- 19 Traditional Psychologists
- 11 Traditional Social Workers
- 2 District Mental Health Counselors

2018-2019 Each LC now has:

- 20 Traditional Psychologists
- 11 Traditional Social Workers
- 5 District Mental Health Counselors
- 1 Mental Health Psychologist
- 1 Threat Response Social Worker
- 1 Behavior Coach –Non IDEA

Threat Response Mental Health Helpline

Threat Response/Assessment Contacts

- For questions:
- Threat Response/Assessment Process
 - Bryan Holmes, District School Safety Specialist
- regarding the discipline response to a threat
 - Area Administrator
- regarding the mental health follow up for a threat, contact the Student Services Mental Health Department
 - Anna Williams Jones, Director



Mental Health Counselors

- Provide monthly training for SAFE Coordinators
- Provide individual and group counseling to students
- Provide Trauma Informed Care and Self Regulation Training
- Train schools on the referral process to access SEDNET providers
- Train school based mental health designee and other district staff in Youth Mental Health First Aid
- Attend Threat Assessment Meetings, Re-Entry Meetings, IEP meetings, 504 meetings and other school based meetings as necessary



School Social Workers (Mental Health)

- Provide support to schools on the Threat Response Process
- Assist schools with re-entry meetings for students who have been Baker Acted
- Assist schools with development of the School Safety Plan
- Assist parents with needed community resources
- Follow up with schools to ensure that paperwork is submitted and follow up meetings are scheduled
- Assist with Youth Mental Health First Aid training
- Support Mental Health Services Helpline



Mental Health Psychologists

- Support schools with the Threat Response Process
- Conduct mental health assessments
- Work with school teams to develop appropriate interventions
- Provide Youth Mental First Aid training
- Create Social Emotional Lessons for the Health Course
- Support the Mental Health Services Helpline



Behavior Coaches

- Provide support to schools with classroom observations
- Support schools with the development of behavioral interventions
- Support schools with the development of behavior plans
- Provide training for teachers in classroom management



School Psychologists

- Work with school MTSS teams to identify and monitor tiered interventions
- Conduct assessment to address academic and social emotional needs
- Assist with implementation, development, and enhancement of prevention programs
- Support schools with the development of positive behavioral intervention strategies and plans
- Provide individual and group counseling for students to address skills needed to respond to classroom instruction
- Provide crisis response support as well as assist schools with prevention activities
- Provide professional development and training for staff and parents

School Social Workers

- Work with school MTSS teams to identify and monitor tiered interventions
- Conduct assessments to address academic and social emotional needs
- Assist with implementation, development, and enhancement of prevention programs
- Support schools with the development of PBIS plans
- Provide individual and group counseling for students to address skills needed to respond to classroom instruction
- Provide crisis response support as well as assist schools with prevention activities
- Provide professional development and training for staff and parents
- Mobilize family, school and community resources to support student learning and remove barriers
- Provide support to school teams on strategies aimed at improving overall student attendance and engagement



Trauma Informed Care In OCPS

- In 2015 the district began offer a training in trauma informed care and self-regulation. This training was develop by two of the OCPS licensed mental health counselors who are trained in trauma informed practices.
- Staff were able to offer 6-7 trainings per year open to all school district staff. We were moving in the right direction but it was not a coordinated effort.

Title IV Grant

- The block grant program under Title IV, Part A, Student Support and Academic Enrichment authorizes activities in three broad areas:
- 1) Providing students with a well-rounded education (e.g. STEM, arts, civics, IB/AP, health and physical education).
- 2) Supporting safe and healthy students (e.g. school mental health, drug and violence prevention, training on trauma-informed practices, health and physical education).
- 3) Supporting the effective use of technology (e.g. professional development, blended learning, technology devices).

Title IV schools in OCPS

- OCPS Academic Center for Excellence
- Dover Shores
- Eccleston
- Englewood
- Lake Silver
- Little River
- Maxey
- Meadow Woods
- Metro West
- Riverside
- Washington Shores Early Learning Center
- Winegard

Trauma Resource Library

- Each school was provided with faculty book sets to support book study and PLC's around the topic of trauma. The books purchased were:
 - Help for Billy
 - Lost in School
 - Fostering Resilient Learners
 - The Trauma Informed School Implementation Guide(Administrators)

External Supports

- In each of the targeted schools the itinerant support staff were trained in the various components. Itinerant staff included:
 - School Psychologists
 - School Social Workers
 - Licensed mental health counselors
- They assisted schools with professional development and troubleshooting any issues of concern

Restorative Practices

- School leadership teams were trained in restorative practices. We wanted to ensure that we are fostering a sense of community in school environments.
- The schools teams were able to use these principals as they reviewed discipline practices and developed the PBIS framework.

Summer Professional Development

- Each school was given two or three days of professional development. The PD topics were:
- Trauma Overview
- Restorative Practices
- Positive Behavior and Supports
- Restorative practices
- Safe Spaces
- Mindfulness and Self-Care
- Social Emotional Learning and the Second Step Curriculum

25 minutes of Social Emotional Learning

- This year in all OCPS elementary schools there is 25 minutes a week devoted to teaching social emotional skills using the health curriculum standards
- This initiative help to support students with development of skills protective factors that support student success

Moving Forward

- We have applied for the Title IV grant for the 2018-19 school year.
- The Goal is to expand into 10 middle schools using the same implementation model
- Continue to support the elementary schools with full implementation
- Conduct surveys to determine areas of improvement and needed support
- Offer Parent Training in Stress Reduction and Mindfulness
- Continue to conduct trauma trainings open to all district staff

Questions?



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